

She lifts the spirits of the youth in Malmo

Sandy Levey-Lundén is a modern life-guide. She helps youths with their problems to find their way in life.

- *I am trying to make them leaders of their own life, she says.*

Sandy Levey-Lundén comes from USA but has been living in Skane the past ten years.

She calls herself a learning specialist and is driven by the conviction that everybody can realize their dreams, no matter what background they come from.

With money donated by a Swedish businessman – who himself received help from her - she started the youth project "Fri Sikt" four years ago. About 80 youths with different problems from Malmo and Stockholm participated. The youths went to different courses and meetings to learn to get in contact with their emotions and how to be honest towards themselves and the people around them.

- *You have to be 100% honest if you are to get anywhere with this kind of work, says Sandy Levey-Lundén.*

The youths also got to learn to work towards a goal in their life. It could for example be a dream job.

- *It is very important that you do something that gives your life meaning.*

The result of the project is said to have been very successful. According to Sandy Levey-Lundén about 60 of the 80 youths who participated in the yearlong project are now drug free and has a job or goes to school.

- *I still have contact with many of them through e-mail and telephone. Also, they have started to meet on their own.*

After working with the youths in Malmo, Sandy returned to North America where she is now working with a similar project in Vancouver, Canada. When we meet her she is back in Sweden for a short visit.

Right now she is trying to create another course for Swedish youths, a job not altogether easy. There are several communities interested in the project but they backed out when they started talking about the financing.

- *I hope that there are more companies that are interested to help us finance our work, says Sandy Levey-Lundén.*